

Over the mountains,
Over the plains,
Over the rivers,
Here come the trains.

Carrying passengers,
Carrying mail,
Bringing their precious loads
In without fail.

Thousands of freight cars
All rushing on
Through day and darkness,
Through dusk and dawn.

Over the mountains,
Over the plains,
Over the rivers,
Here come the trains.

– James S. Tippett



2. Find and label the following in the picture.

نیچے دی ہوئی چیزیں تصویر میں
تلاش کیجیے اور ان کے نام لکھیے۔

W3

mountain, plain, river,
river bank, bridge.

- mail (میل) ڈاک۔
- precious (پریشس) قیمتی، بیش قیمت۔
- without fail (وڈاؤٹ فیل) بغیر بھولے، بغیر چوکے۔
- freight cars (فریٹ کارز) مال گاڑی۔
- dusk (ڈسک) شام کا دھندلا۔
- dawn (ڈوان) صبح سویرے، وقت فجر۔



In a **grove** of mango trees, there was one little babul tree.

The little tree was pretty, but it was not happy. One day it said,

“I do wish I had big leaves!
All the other trees have big leaves.
My **thorns** are sharp and stiff.
Children do not like me.”



Next day, when the little tree woke up, it had big leaves. It was just like the mango trees.

“Now I am happy,” it said.

But a goat came along and ate up all the big leaves.

“Oh, dear!” said the babul tree.

“I wish I had gold leaves.

Goats do not eat gold leaves.”



Next day, when the little tree woke up, it had gold leaves.

“How happy I am!” it said.

But a thief came along and **stole** all the gold leaves.

“Oh dear!” said the babul tree.

“I wish I had glass leaves.

Thieves do not steal glass leaves.”





Next day, when the little tree woke up, it had glass leaves.

“How happy I am !

See my leaves shine in the sun.”

But a strong wind sprang up .

“Woo-oo !” said the wind.

And it broke all the glass leaves.

“Oh, dear !” said the babul tree.

“I wish I had my thorns and small leaves again.

Goats do not eat them all up.

Thieves do not steal them.

The wind will do them no harm.”

Then the tree went to sleep.



Next day, when it woke up, it had all its thorns and small green leaves again.

“Oh, I never was so happy !” said the little babul tree.



• thorns (تھوڑے) کاٹے • small forest, wood (گروو) grove • stole (سٹول) چرایا • sprang up (پھریگ آپ) ہوا کا جھونکا آیا۔

2. Read and remember. پڑھیے اور یاد رکھیے۔

- one leaf – many leaves
- one thief – many thieves
- one shelf – many shelves
- one wolf – many wolves
- one knife – many knives
- one life – many lives

3. Read the following sentences carefully.

ذیل کے جملے غور سے پڑھیے۔

O4

• Children do not like thorns.

• Children like flowers.

(a) Drop 'do not/does not' in the following and frame meaningful sentences. You may have to change the highlighted words.

نیچے دیے ہوئے جملوں میں 'do not / does not' الفاظ کم کر کے بامعنی جملے بنائیے۔ اس کے لیے آپ کو نمایاں کیے ہوئے الفاظ بھی بدلنے پڑ سکتے ہیں۔

W5

• Goats do not eat gold leaves.

• Goats eat green leaves.....

• Thieves do not steal glass leaves.

•

• She does not like grapes .

• She likes.....

• He does not play cricket .

•

• A lion does not eat grass .

•

(b) Now use 'do not/does not' appropriately in the following and frame meaningful sentences.

ذیل کے جملوں میں 'do not / does not' میں سے مناسب الفاظ استعمال کر کے بامعنی جملے بنائیے۔

W5

• I like mangoes.

• I do not like figs.....

• You travel by bus.

•

• He gets up at 7.30.

• He does not get up at 6:30 .

• A rabbit has a short tail.

•

• She uses a black pen.

•

4. Complete the following sentences using your ideas.

ذیل کے جملے اپنے طور پر مکمل کیجیے۔

W13

• I wish I had

• I wish I could

.....

.....

.....

.....

.....

.....

3. (a) اور (b) میں مثبت اور منفی جملے استعمال ہوں گے۔ ان جملوں میں do not/does not استعمال کرنے کی مشق ہے۔ اسی کے ساتھ جملے کو بامعنی بنانے کے لیے ان کے دیگر الفاظ بھی بدلنے ہوں گے۔ مشق کے دوران بچوں کو ان دونوں امور کی جانب متوجہ کریں۔



Lots of Things Together

- Read aloud and copy the phrases in your notebook.

ذیل کے فقروں کو بلند آواز سے پڑھیے اور اپنی ریاض میں نقل کیجیے۔

O4

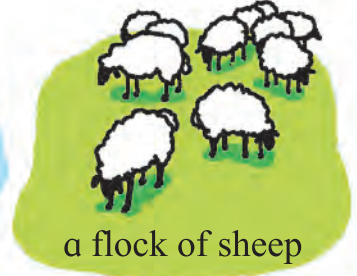
W10



a flight of birds



a flock of geese



a flock of sheep



a grove of trees



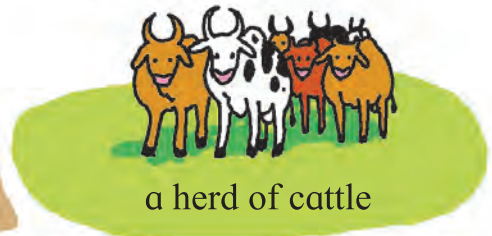
a pack of dogs



a swarm of bees



a colony of ants



a herd of cattle



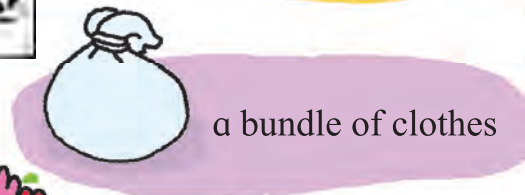
a group of children



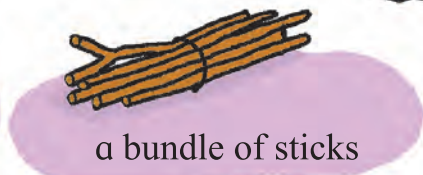
a team of players



a crowd of people



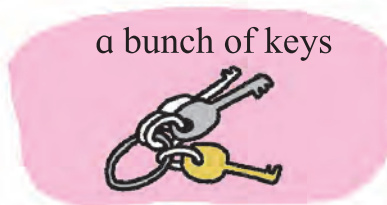
a bundle of clothes



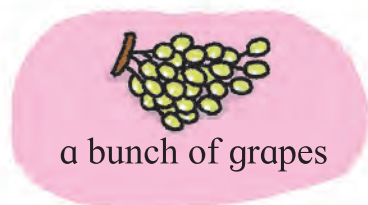
a bundle of sticks



a bunch of flowers

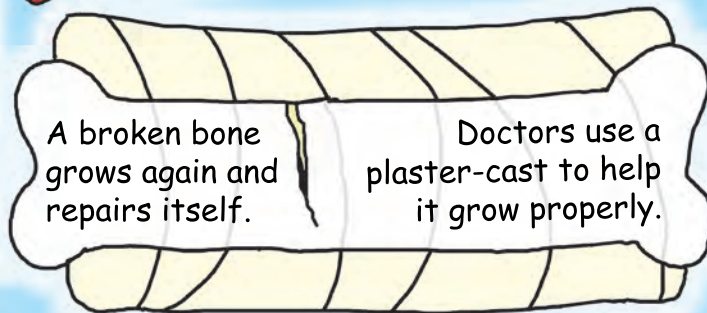
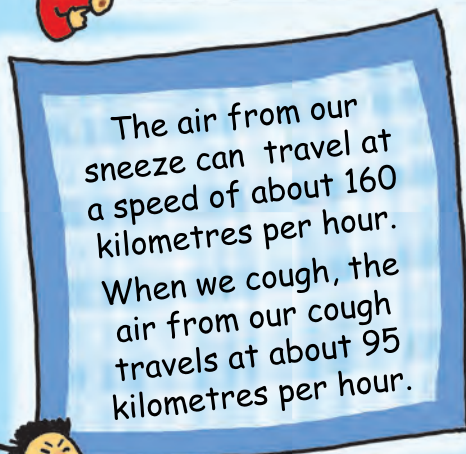
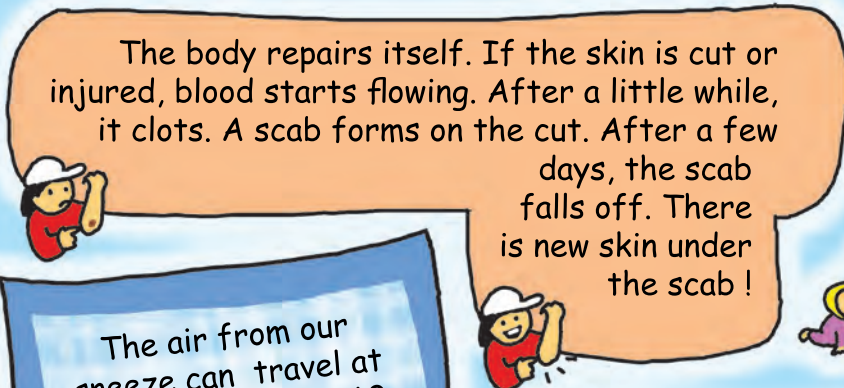
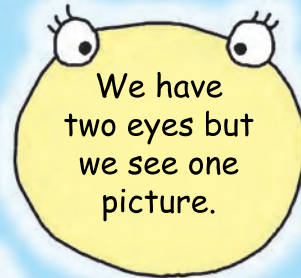


a bunch of keys



a bunch of grapes

Our body has many parts. All parts are special.
Read the following facts to learn how special they are.



2. Listen carefully, read and remember.

غور سے سنیے، پڑھیے اور یاد رکھیے۔

07



Our body is so wonderful.
We must take care of our body.



We should eat well at regular times.



We should eat fruits and vegetables.



We should drink enough water.



We should take enough exercise.



We should get enough sleep.



We should keep our body and hair clean.

We should cut our nails regularly.



We should cover our mouth when we cough or sneeze.

We should wear clean clothes every day.



3. Write 'Good Health' and 'Hygiene' messages on big sheets of paper and hold an exhibition in your classroom.

Examples :



’صحت‘ اور ’صفائی‘ سے متعلق (انگریزی) پیغامات /
ہدایات دبیز کاغذ (پٹھے) پر لکھیے اور اپنی جماعت
میں ان کی نمائش کیجیے۔

W9

W10



Alyonushka

1. Listen carefully.

غور سے سنئے۔

Once upon a time, there was a girl called Alyonushka. Alyonushka lived with her father, mother and baby brother Ivanushka.

One day, Mother said to Alyonushka, "Daughter, we are going out to work. Be a good girl and look after your baby brother."

Father and Mother went away. Soon, Alyonushka forgot all that her mother had said. She seated her baby brother on the grass, ran out to her friends and began to play with them. She clean forgot to look after her baby brother.

Suddenly, a flock of geese came flying. They swooped down, picked up her baby brother and flew away with him.

"Look, Alyonushka!" cried one of the children. "The geese are flying away with your baby brother."



"Stop, stop, you wicked birds," said Alyonushka.

But it was no use. She ran after the birds. The birds flew faster and faster and were soon out of sight.

Poor Alyonushka ! What could she do ! She sobbed and wept. But then she got up and said, "I must bring back my baby brother."

Away ran Alyonushka to where the birds had flown. She ran and ran till she came to an oven.

"Oven, Oven, tell me where the geese have flown."

"Eat a slice of my wheat bread first," said the oven.

"What, eat a slice of wheat bread ! At home, we don't eat even wheat cakes."

So the oven kept quiet. Alyonushka ran on. But then she turned back and said, "I am sorry, Oven. I'd like to taste your wheat bread."



Alyonushka ate a slice of the wheat bread and the oven showed her the way. She thanked the oven and ran on.

Soon she came to an apple tree.

“Apple Tree, Apple Tree, tell me where the geese have flown.”

“Eat one of my wild apples first,” said the apple tree.

“What, me eat a wild apple? At home, we don’t eat even garden apples.”



So the apple tree kept quiet. Alyonushka ran on. But then she turned back and said, “I am sorry, Apple Tree. I’d like to taste your apples.”

She ate a wild apple, and the apple tree showed her the way. She thanked the apple tree and ran on.

Soon she came to the milk river.



“Milk River, Milk River, please tell me where the geese have gone.”

“Have some milk, first,” said the milk river.

Alyonushka thought, “Have milk! At home, I don’t touch even cream.” But then she thought, “No, I must not say that.”

So she had some milk and the milk river showed her the way. She thanked the milk river and ran on.

She ran over the fields and through the woods. At the edge of a wood,



she saw a hut on hen's feet, turning round and round. Inside the hut sat Baba Yaga, the witch. And as the hut turned, Alyonushka saw Ivanushka, sleeping in a corner.

Alyonushka was frightened. But what could she do! She went inside the hut. "Who are you?" asked Baba Yaga. "And why have you come?"

"I am Alyonushka and I have come to take my baby brother," said she and picked up her baby brother.



"Come to take your baby brother? He-he-he!" laughed Baba Yaga. "I have got your baby brother, and now I have got you, too!"

"Oh, no, you haven't!" said Alyonushka. Holding Ivanushka, she jumped out of the hut and began to run back home again.

Then Baba Yaga the witch called up the geese. "Go after the children and bring them back to me," she shouted. The geese went flying after the children.

Alyonushka ran and ran till she came to the milk river.

"Milk River, Milk River, hide us, please." Quickly, the milk river hid the children. The geese couldn't find them and turned back.



Alyonushka began to run again. But the geese saw the children and came after them. Holding her brother, Alyonushka ran and ran till she came to the apple tree.

"Apple Tree, Apple Tree, hide us, please." Quickly, the apple tree hid the children in its branches. The geese couldn't find them and turned back.

Alyonushka began to run again. But the geese saw the children and flew after them. Holding her brother, Alyonushka ran and ran till she came to the oven.

“Hide us, please, Oven,” said Alyonushka. Quickly, the oven hid the children. The geese couldn’t find

them. They flew round and round and up and down but it was no use. At last, they turned and flew back to Baba Yaga.

Then Alyonushka crawled out of the oven with her baby brother and ran home with him. And before long, Father and Mother came home too.

– Adapted from a Russian fairy tale

2. Now read the story aloud with me.

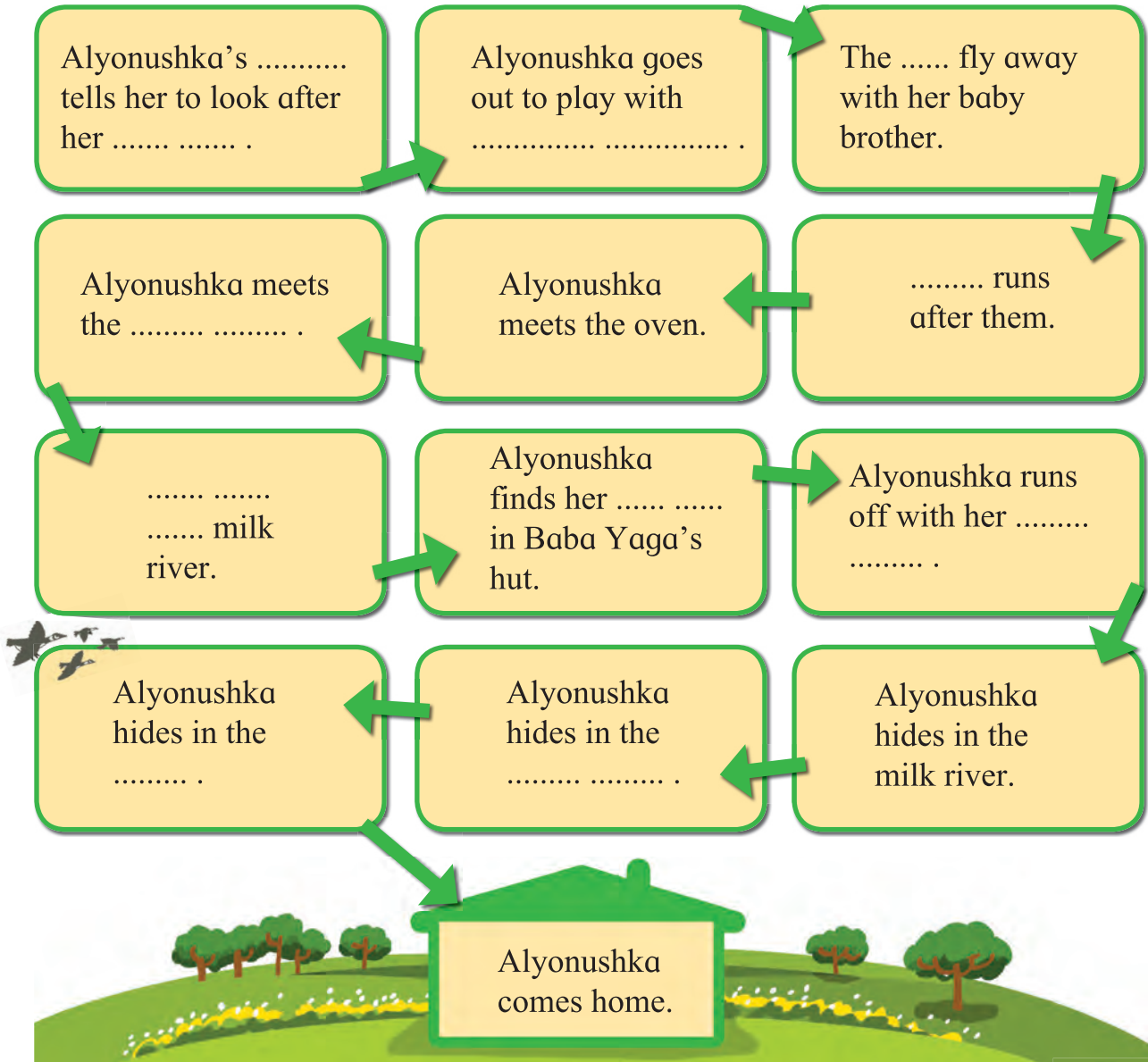
اب میرے ساتھ اس کہانی کو بلند آواز سے پڑھیے۔

O5

3. Alyonushka’s story is given below in short. Read it and fill in the blanks.

ذیل میں مختصر طور پر ایلونشکا کی کہانی دی ہوئی ہے۔
اسے پڑھیے اور خالی جگہوں کو پُر کیجیے۔

W9



4. Make your own funny names like Baba Yaga. Do they sound like English names ?

اپنے طور پر مزاحیہ نام بنائیے مثلاً بابا- ڈھابا۔
کیا وہ انگریزی ناموں کی طرح محسوس ہوتے ہیں؟

5. Form groups of 5. Taking turns, retell this story as Alyonushka would tell it. Let the next person continue with the story after about 5-8 lines.

۵-۵ طلبہ کا گروہ بنائیے۔ اس کہانی کو اlyonushka کی زبانی باری باری بیان کیجیے۔ تقریباً ۸-۵ سطروں کے بعد پہلے بچے کو روک کر دوسرے بچے کو کہانی جاری رکھنے کے لیے کہیے۔

O14

'I am Alyonushka.
I live with my father, mother and baby brother.
One day, my mother said to me,'



6. Read aloud and copy. بلند آواز سے پڑھیے اور نقل کیجیے۔

O4

W10



• a loaf of bread



• a glass of milk

• a slice of bread



• a lump of butter

• a drop of water



• a piece of paper

7. Listen carefully and write each word in the proper column.

غور سے سنیے اور ہر لفظ کو صحیح خانے میں لکھیے۔

W12

Teacher : • girl • day • friends • baby • children • birds • oven • slice • cakes
• tree • apples • father • feet • geese • hut • home • mother • men.

One	Many

8. Listen carefully and write the words in the proper column.

غور سے سنیے اور ہر لفظ کو صحیح خانے میں لکھیے۔

W12

Teacher : • king • queen • jump • cat • read • walk • fast • red • big
• mango • fish • smell • sweet • school • soft • cup • house
• go • call • play • shop • office • nice • slowly • peanut
• doctor • home • baby • smile • cry.

action	thing, animal, person, place	description



1. Listen, read aloud, learn and recite the poem. نظم سنیے، بلند آواز سے پڑھیے، سیکھیے اور پیش کیجیے۔

O4

O1







Work while you work,
Play while you play;
To be useful and happy,
That is the way.

All that you do,
Do with your might;
Things done by halves
Are never done right.

One thing at a time,
And that done well,
Is a very good rule,
As many can tell.

Moments should never
Be trifled away;
So work while you work,
And play while you play.

— M. A. Stodart





2. Listen to the word carefully. From the poem, find another word that rhymes with it.

لفظوں کو غور سے سنیے۔ ان سے ہم آہنگ دیگر الفاظ سے تلاش کیجیے۔

O10

- play
- might
- well
- you
- one
- should

- Write down these pairs of rhyming words.

ہم آہنگ الفاظ کی جوڑیاں لکھیے۔

W7

3. You have learnt four of these lines in 'My English Book Four'. Find them.

اس نظم کے چار مصرعے آپ 'مائے انگلش بک فور' میں سیکھ چکے ہیں۔ انہیں تلاش کیجیے۔

O10

4. Answer the following questions in one word.

ذیل کے سوالوں کے ایک لفظ میں جواب دیجیے۔

O11

- What should you do while you work ?
- What should you do while you study ?
- What should you do while you play ?
- What should you do while you eat ?

5. Use 'a' and 'b' each, to prepare five questions for your friends. Note down their answers.

اپنے دوست/سہیلی کے لیے 'a' اور 'b' کا استعمال کر کے ہر ایک سے پانچ سوالات بنائیے۔ ان کے جواب لکھیے۔

- (a) When do you ? (b) How long do you ?

P3



1. Find a 'pen-friend' studying in
Std VI or Std VII.

جماعت ششم/ہفتم میں اپنے لیے
قلمی دوست/سہیلی تلاش کیجیے۔

P4

Step 1 : Introduction

Excuse me. / Hello.

My name is / I am

I am in the fifth standard. / I am in fifth 'A'.

I am looking for a 'pen-friend'.

'Pen-friends' are friends
who write letters to each other regularly.

We have to write letters in English.

Would you like to be my 'pen-friend'?



Step 2 : Exchanging information

- Please tell me your name and address.
- When is your birthday?
- Tell me about your favourite things.
 - Favourite colour
 - Favourite game
 - Favourite subject
 - Favourite teacher
 - Favourite book
 - Favourite movie
 - Favourite TV programme
 - Favourite dish
- Who is your best friend in school?
- What is your hobby?
- What do you enjoy the most?
- Tell me about the people in your family.



Pen-friend Profiles

* Name :

* Address :

* Date of Birth :

* Favourites

- Colour
- Game
- Dish
- Subject
- Teacher
- Book
- Movie
- TV Programme

* Family :

* Hobby :

* Enjoys

Step 3 : Send your 'pen-friend' greetings on special occasions like his/her birthday, or festivals throughout the year.

سالگرہ، عید تہوار جیسے خاص موقعوں پر اپنے قلمی دوست/سہیلی کو تہنیتی پیغام ارسال کیجیے۔

- Happy Birthday ! • Wish you a Happy New Year
- Happy Diwali • Wish you all the best
- Eid Mubarak • Congratulations !
- Merry Christmas

جماعت ششم/ہفتم کے معلم سے بات کر کے ہر طالب علم کو 'pen-friend' بنانے کا موقع فراہم کریں۔ ہر بچے کے پاس بننے والے pen-friend profile کو دیکھ کر ہر ایک کو تہنیتی پیغام/خط بھیجنے کی منصوبہ بندی کریں۔ خیال رکھیں کہ یہ سرگرمی سال بھر جاری رہے۔ بچوں کو آئے ہوئے تہنیتی پیغامات/خطوط کی وقتاً فوقتاً نمائش کی جاسکتی ہے۔

2. Read the following letters and expressions carefully. Use them to write your own letters.

ذیل کے خطوط اور تاثرات غور سے پڑھیے۔ اپنے ذاتی خطوط لکھتے وقت انہیں استعمال کیجیے۔

W9

(a) Some specimen letters :

Date : _____

Dear ,

How are you? I hope you are fine.

Thank you so much for being my pen-friend. I want to tell you about a superb movie. It is called I saw it last week. You must see it. I am sure you will like it.

How is everyone in your family? Give my regards to your parents.

Your friend,
.....

a very good programme

a wonderful book

a lovely poem

an interesting story

watch

read

Date : _____

Dear ,

Thank you for your letter and for telling me about the movie '.....'.

Next week, we have a 'Jokes' Telling Competition in our class. Can you suggest a good joke?

Please write again soon. Regards to your parents and love to your brother.

Yours,
.....

programme book

Story Telling Competition/
Recitation Competition

story poem

(b) Some useful expressions :

Give my love to your little sister/brother.

Give my regards to your parents / the elders in your family.

Yours sincerely,

With regards,

With lots of love,

Yours lovingly,

Yours truly,

Love,

See you soon.