

24. Our Clothes



Can you tell ?



1.



2.



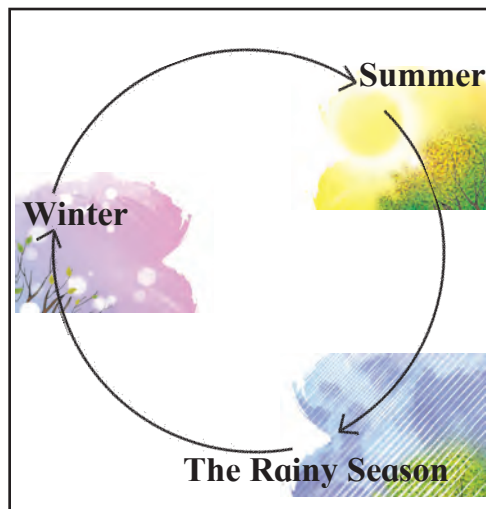
3.

Look at the above pictures carefully. What time of the year does each picture show ?

1. What kind of clothes are the people in the first picture wearing?
2. Why are they wearing these clothes ?
3. What kind of clothes are the people in the second picture wearing ?
4. When do we see people using raincoats and umbrellas ?
5. Make a list of the clothes used during different times of year in your neighbourhood.

Why do we see changes in the clothes people wear during different times of the year ? It is because the weather changes at those times. We need different clothes to protect our bodies against such changes in weather.

- Changes in weather divide the year into three parts. These parts are called **seasons**.
- The three seasons are **summer**, **the rainy season** and **winter**.
- Each season is approximately four months long.
- The seasons follow each other continually. This is called the **cycle of seasons**.
- As the season changes, there are changes in Nature and the environment, too.





Always remember –

The seasons have an important effect on the lives of human beings and other living things. With each season, there are changes in the clothes we wear and the food we eat. Seasons also affect farming and other occupations. There are many changes in the weather according to the seasons.

We should adapt to these changes.



Use your brain power !

- In which months do the summer, the rainy season and winter occur ?
- We wear warm clothes in winter as protection against the cold. What will happen if we wear warm clothes in summer ?
- Animals do not wear clothes. How do they protect themselves from the cold ?
- Many trees shed their leaves in winter. When do they grow new leaves again ?



Try this.

1. Look at the clothes that people around you are wearing.
 2. Write down differences in their clothing based on the points given below.
- Colour • Type • Uniform according to occupation.



• Variety in clothing

- Since our country is so large, we find that there is variety in people's dress according to the region.
- Men are seen wearing dhoti, pyjama lungi, and trousers. They also wear caps, hats and other headgear such as *mundase*, *pheta* and *pagdi*.

- Women and girls wear saris, salwar-kameez, frocks as well as shirts and trousers.

- People dress up for festivals and important occasions. Some people wear traditional costumes. They wear bright clothes woven with golden thread. You must have realized that people wear clothes of different colours, styles and designs. Thus, there is



a lot of variety in clothing. Mainly, the weather decides what we wear, but taste, convenience and occupation also play a part. Similarly, we also find a lot of variety in traditional costumes.

You wear a uniform to school. Since all the students wear the same uniform, you look the same in school. You get a different identity. Similarly, people of certain occupations wear special uniforms. Find out more about such occupations.



Who am I ?

(1) I wear a white coat and examine patients.

(2) I wear blue clothes and put out fires.

(3) You always see me in khaki clothes.
I go wherever there is a fight.



(4) I work in a hospital and take care of patients.

(5) I am always ready to protect the country.





Use your brain power !

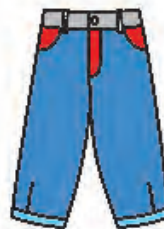
1. Kamal has to walk to her uncle's house, but it is raining heavily. What will she have to do to reach her uncle's house without getting wet ?
2. Jacob has worn woollen clothes, but he is feeling very hot. What kind of clothes should he wear ?



What's the solution ?

Manjeet and Sania are going on a trip to a hill station. Which of the items shown below do you think they should take with them ?

Put a '✓' in the box below the ones you have chosen.

☐☐☐☐☐☐☐☐☐☐☐☐☐



Do you know ?

The clothes worn by soldiers match the environment around them. This is done so that enemy soldiers cannot spot them easily. For example, they use khaki clothes in deserts, green clothes in jungles and white clothes in snowy areas like the Himalayas.



What we have learnt –

- * As the season changes we have to make changes in the way we dress.
- * Variety in clothing is due to taste, occupation and tradition.



Exercises

Answer in short.

- (1) Which seasons do you experience in one year ?
- (2) Why do we need to change types of clothes according to the seasons ?
- (3) Write the names of three occupations that require uniforms.
(Name occupations not mentioned in the chapter.)
- (4) Write the names of some traditional clothes worn in your neighbourhood.

Activity

Visit a clothes shop or exhibition. Draw pictures of clothes that you like. Write four or five lines about them.

