

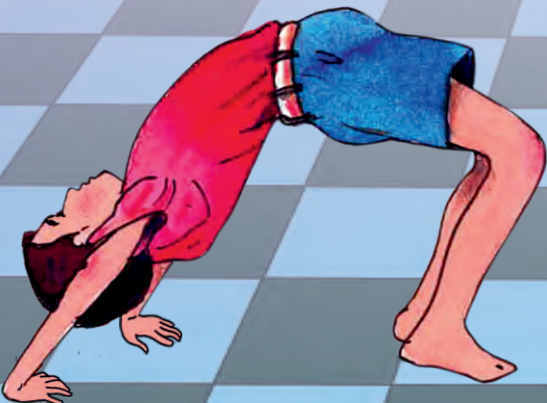
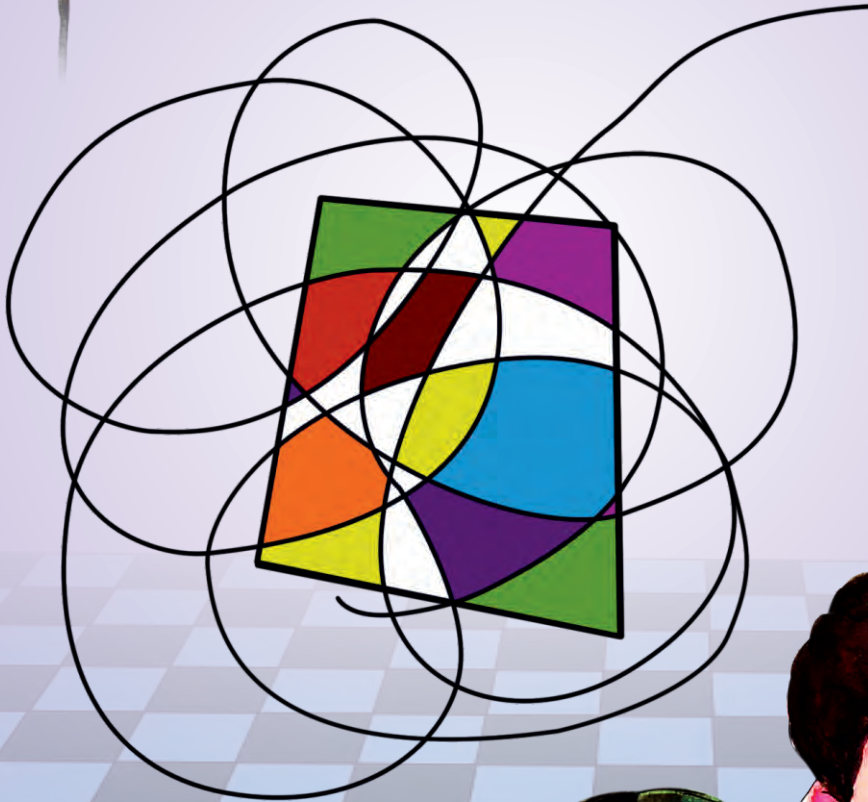
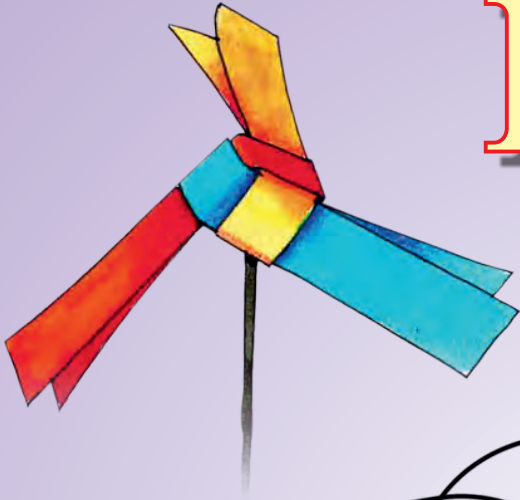
Play

Do

Learn



Standard Two



The Constitution of India

Chapter IV A

Fundamental Duties

ARTICLE 51A

Fundamental Duties- It shall be the duty of every citizen of India—

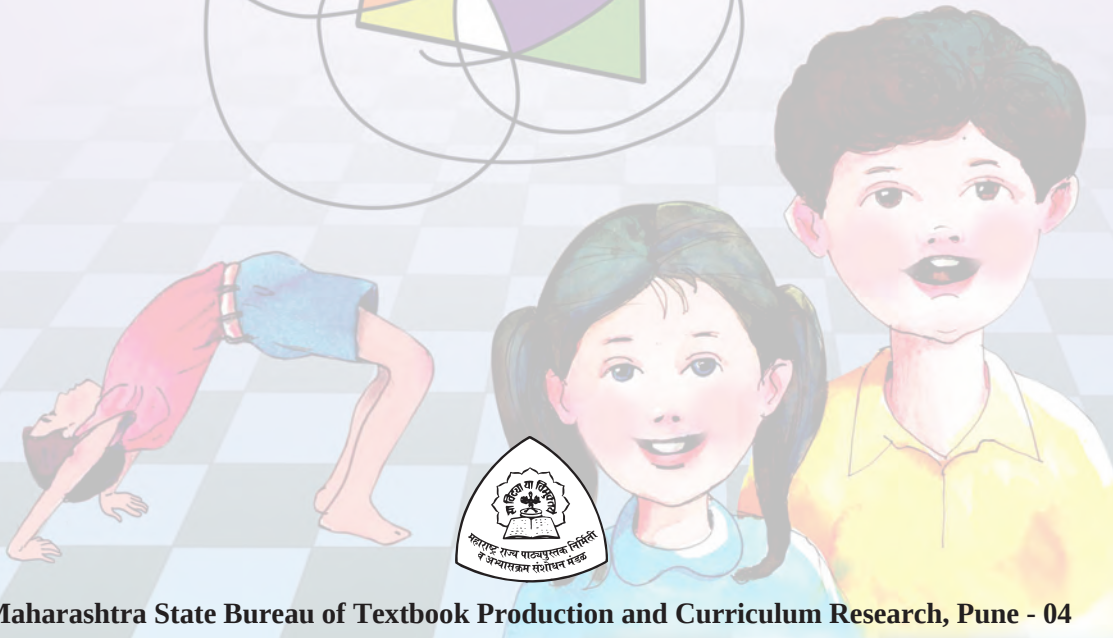
- (a) to abide by the Constitution and respect its ideals and institutions, the National Flag and the National Anthem;
- (b) to cherish and follow the noble ideals which inspired our national struggle for freedom;
- (c) to uphold and protect the sovereignty, unity and integrity of India;
- (d) to defend the country and render national service when called upon to do so;
- (e) to promote harmony and the spirit of common brotherhood amongst all the people of India transcending religious, linguistic and regional or sectional diversities, to renounce practices derogatory to the dignity of women;
- (f) to value and preserve the rich heritage of our composite culture;
- (g) to protect and improve the natural environment including forests, lakes, rivers and wild life and to have compassion for living creatures;
- (h) to develop the scientific temper, humanism and the spirit of inquiry and reform;
- (i) to safeguard public property and to abjure violence;
- (j) to strive towards excellence in all spheres of individual and collective activity so that the nation constantly rises to higher levels of endeavour and achievement;
- (k) who is a parent or guardian to provide opportunities for education to his child or, as the case may be, ward between the age of six and fourteen years.

The Co-ordination Committee formed by GR No. Abhyas - 2116/(Pra.Kra.43/16) SD - 4
Dated 25.4.2016 has given approval to prescribe this textbook in its meeting held on 19.03.2019
from the Academic Year 2019-20

Play, Do, Learn

(Health and Physical Education, Work Experience, Art Education)

Standard Two



Maharashtra State Bureau of Textbook Production and Curriculum Research, Pune - 04



The digital textbook can be obtained through DIKSHA App on a smartphone by using the Q.R. Code given on title page of the texbook and useful audio-visual teaching-learning material of the relevent lesson will be available through the Q.R. Code given at the end of each lesson of this textbook.

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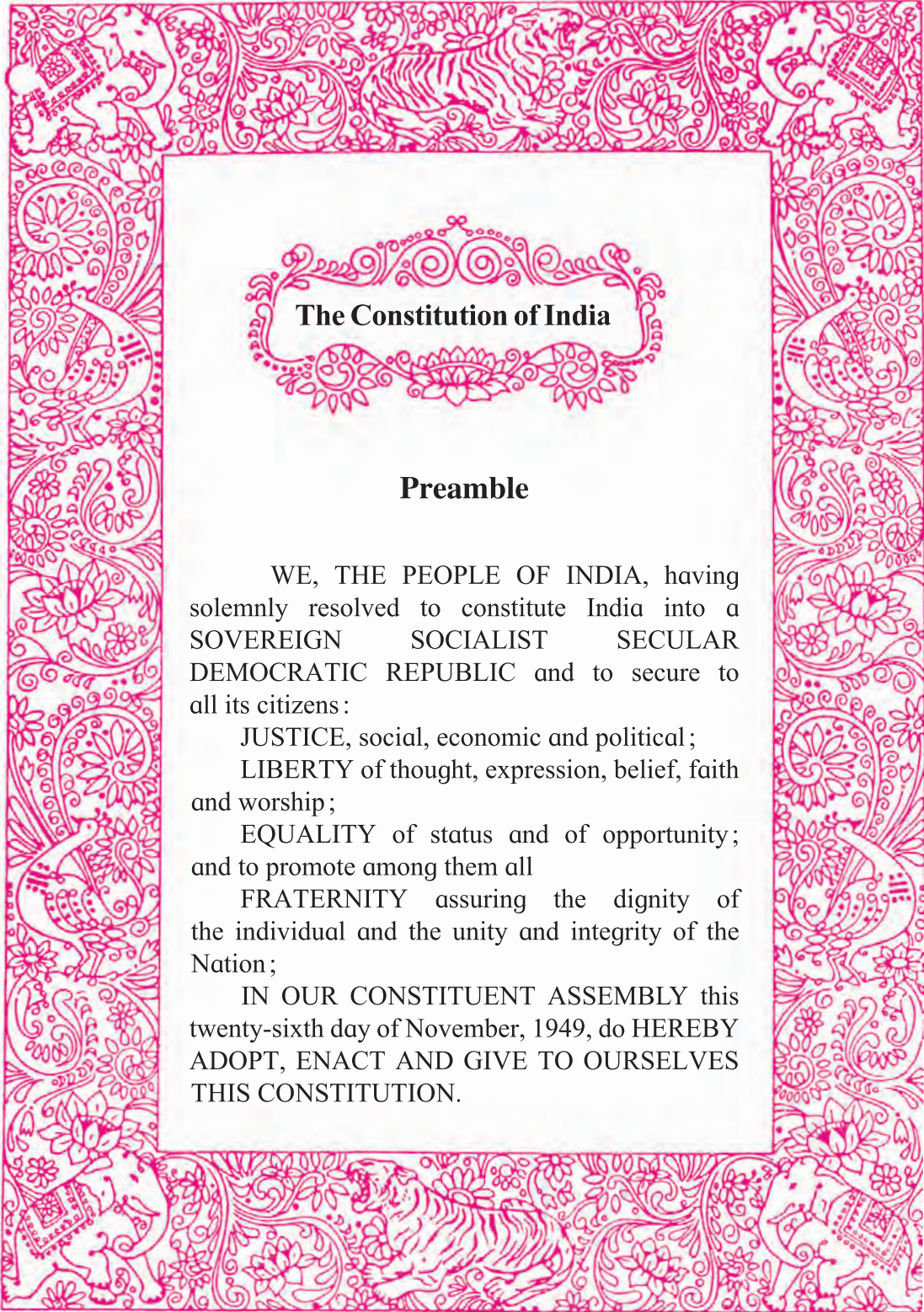
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The Constitution of India

Preamble

WE, THE PEOPLE OF INDIA, having solemnly resolved to constitute India into a SOVEREIGN SOCIALIST SECULAR DEMOCRATIC REPUBLIC and to secure to all its citizens :

JUSTICE, social, economic and political;
LIBERTY of thought, expression, belief, faith and worship ;

EQUALITY of status and of opportunity;
and to promote among them all

FRATERNITY assuring the dignity of the individual and the unity and integrity of the Nation ;

IN OUR CONSTITUENT ASSEMBLY this twenty-sixth day of November, 1949, do HEREBY ADOPT, ENACT AND GIVE TO OURSELVES THIS CONSTITUTION.

NATIONAL ANTHEM

Jana-gana-mana-adhināyaka jaya hē
Bhārata-bhāgya-vidhātā,

Panjāba-Sindhu-Gujarāta-Marāthā
Drāvida-Utkala-Banga

Vindhya-Himāchala-Yamunā-Gangā
uchchala-jaladhi-taranga

Tava subha nāmē jāgē, tava subha āsisa māgē,
gāhē tava jaya-gāthā,

Jana-gana-mangala-dāyaka jaya hē
Bhārata-bhāgya-vidhātā,

Jaya hē, Jaya hē, Jaya hē,
Jaya jaya jaya, jaya hē.

PLEDGE

India is my country. All Indians
are my brothers and sisters.

I love my country, and I am proud
of its rich and varied heritage. I shall
always strive to be worthy of it.

I shall give my parents, teachers
and all elders respect, and treat
everyone with courtesy.

To my country and my people,
I pledge my devotion. In their
well-being and prosperity alone lies
my happiness.

FOREWORD

Dear little friends,

A very warm welcome to standard second. You have become familiar with 'Play, Do, Learn' since last year. Once again we are happy to present the book 'Play, Do, Learn', in a new way.

You all love to create beautiful objects, sing lovely songs, listen to stories, and play new games. At the same time you enjoy playing musical instruments, enact plays, draw, colour, paste, invent new games. Right?

All these dreams of yours will be fulfilled through this book, 'Play, Do, Learn' by learning some exciting body movements, new games, inventing new competitions, rakhi making, paper twirl making, making beautiful articles out of dried seeds, leaves and flower petals, stories, conversations, poems, riddles, colouring activities, and many more activities that will be performed by you. You can also have a wonderful exhibition to show case all your creations. You can also gift these items to others, for which you will be appreciated. In other words, you will befriend the Life Skill Education.

Using the principle of 'Equality through Commonality', as a platform, we all will study together with the help of modern technology. This book will prove to be an excellent medium of expression for talented and actively efficient students like you. So let's enjoy the learning process through all these fulfilled activities!

There is a Q.R. Code given at the bottom of certain pages. You will enjoy the information that is given through these Q.R. Codes. We are looking forward to your valuable feedback and suggestions that will help us make value addition to our initiative.

Our Best Wishes to all of you to complete all the activities given in 'Play, Do, Learn' in a successful and enthusiastic manner!



(Dr. Sunil Magar)
Director

Maharashtra State Bureau
of Textbook Production and
Curriculum Research, Pune-4.

Pune

Date : 6 April 2019

Indian Solar 16 Chaitra, 1941

For Teachers

The book 'Play, Do, Learn' has been arranged to correspond to the three subjects viz. Health and Physical Education, Work Experience, Art Education. Teachers are expected to play the role of facilitators and get the activities done by the children. through combining their innovative ideas with those given in the book. You will be able to create an excellent combination of all the three subjects with the Language, Mathematics and Environmental Studies. You can relate these subjects to our day to day lives and make the learning process an enjoyable experience. These experiences will accompany the children throughout their lives. This book is filled with excellent and value based activities which can be executed with the help of parents, teachers, sports persons, technical experts, artists along with the assistance of technology.

The book 'Play, Do, Learn' does not consist only activities related to Health and Physical Education, Work Experience, Art Education but also takes the children through a practical experience cause of its colorful pictures that are many in number along with clear instructions to teachers. Considering the fact that the reading and writing skill of the children are not completely developed, the book subtly takes the children towards these skills.

'Play, Do, Learn' aims to include topics that would complement each other. It includes activities of drawing lines, shapes, pictures, scribbling, alphabetical curves, collage, clay work, creating best out of available items, water awareness, disaster management, introduction to nature and its processes, occupational production based projects, road safety, introduction to Information Technology, different kinds of physical movements and exercises, cleanliness and personal hygiene, games, competitions and many other activities that will remain associated with the children throughout their lives. As this book is made for the young children, it has not been possible to include syllabus, learning objectives, areas, and all projects. The teachers should refer to the teachers manual for ready reference.

All the activities given in the book have been perseverently framed by taking into consideration, the requirements of students with special needs so that these children are drawn into the main stream. The special highlights of this book are the attractive titles, picturesque presentation, guidelines for parents and teachers, the spaces given to students for their personal expressions through 'My Activity'. Every child will get sufficient opportunity to master the given skills through enough practice. Teachers require to accept all the activities of the children by taking into consideration the ability of the child.

Although three subjects are included in a single common textbook, the actual teaching and learning is expected to be divided according to the allotted periods. It is also expected that the three subjects establish a co-relation with the academic subjects like Language, Mathematics and Environmental Studies. There should be a flexibility maintained with some changes in the classroom arrangement, field visits, innovative use of Information Technology etc while conducting these classes. In order to make the teaching learning process effective, with the help of qualitative evaluation the Continuous Comprehensive Evaluation method should be used for evaluation. Perfection is not expected from the child while performing the activities. The child is expected to enjoy every activity and draw happiness out of his personal creativity.

In order to incorporate educational values, if teachers have developed some creative activities or teaching aids, the same can be shared with the bureau through photographs and videos. This innovation is always welcomed by us. We wish you all the best to conduct all the activities mentioned in the text in a successful manner.

Play, Do, Learn
Subject Committee and Study Group
Textbook Bureau Pune

Play

Learning by Playing

Do

Learning by Doing

Learn

Learning by Art

Play, Do, Learn Standard Two-Learning Outcomes

Subject		Unit	Learning Outcomes
1.	Play	1. Health	- Children understand the importance of some good habits and follow them. - Understand the field related details.
		2. Different kinds of movements and perfect postures	Are able to maintain perfect postures and practise different kinds of movements.
		3. Games and Races	Take interest in different types of games. Participate in Races.
		4. Skill based Projects	Practice all the skill based projects.
		5. Physical Exercises	Activate the joints and muscles by practising all the physical exercises.
2.	Do	1. Need Based Projects - Water Awareness - Disaster Management	- Decorate the class. Speak about the important days. Speak about the dipterans occupations. - Are able to speak about the uses of water, sing different songs on water, tell stories related to water. Tell about the different methods of water storage and colour pictures. - Identify pictures of natural calamities like earthquakes, floods, tsunami, forest fires, strike of lightening etc.
		2. Interest Based Projects	Make use of material available in the surrounding to create an article. Creation is also done by using some modern ideas.
		3. Skill Based Projects	Create some things that are the requirement of the society by using personal skills.
		4. Voluntary Projects Production based Projects Food, Clothing & Shelter	- Are able to master their basic talent and take part in projects that help in earning money. - Participate in activities based on food, shelter and clothing.
		5. Field of technology, Road safety	- Identifis different parts of the computer and handle the computer with confidence. - Understand the rules of road safety.
		6. Other Fields	Identifis different domestic birds and animals and explains their uses.
3.	Learn	1. Picutres	- Identifis the different body parts of an animal through pictures. - Scribbles help to plot the shapes like squares, triangles and circles and colour them. Join dots in the correct numerical order. - Make simple designs/patterns with the help of some simple lines styles. - Does the stamping and collage making. Get familiarized to colours and colours pictures. Practises different lines for copywriting.
		2. Sculpture	Make different articles out of clay and by pasting.
		3. Singing	Sings the rhymes and chorus songs.
		4. Play Instruments	- Create music by striking on different objects. - Are introduced to different musical instruments and learns the art of rhythmic clapping.
		5. Dance	- Move the hands and legs rhythmically. - Perform actions according to the rhymes and chorus songs.
		6. Drama	- Enact the daily activities which is an introduction to the world of acting. - Perform certain physical actions and voice modulations in form of a presentation.

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Play

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2. Different Types Of Movements
And Appropriate Body Postures
3. Games And Competitions
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