

Related Activities and Projects



1 Preparation of Resource File

- 1.1 Collection of songs related to children
- 1.2 Collection of stories related to children
- 1.3 Collection of riddles related to children
- 1.4 Collection of pictures related to children's toys/play
- 1.5 Collection of relevant articles from newspapers and magazines related to children

11 Collection of song related to children

Simple and familiar language/words, repetition of lines/words, attractive tune, scope for actions while singing, song to be related to the surroundings/environment of children, help to release pent-up energy/emotions, songs should be selected keeping the age group of children in mind (length and language of the song)

Types of song :

- Non-sensical / Gibberish rhymes e.g. Ging gang goolie, Roll a bowl a ball a penny a pitch
- Action song e.g. 'Clap your hands', 'boogie woogie'
- Story e.g. 'Welcome to my jungle "I am karadi the bear.'
- Tongue twister : e.g. 'If I had a purple penny or a purple nickle' or 'Chandu ke chacha ne chandu ki chachi ko'
- Alphabets : e.g. 'A B C D E F G . Come and sing along with me H I J K L M N O P. Tell me what you want to be.'
- Concept rhymes e.g. on family, seasons, fruits, transport etc.

Sources :

Collect rhymes/songs from children rhyme books, magazine, CDs. You can also create your own songs keeping the above points in mind.

12 Collection of Stories related to children :

Repetitive phrases and sounds, simple and engaging, age- appropriate, familiar, element of surprise, generate curiosity (what will happen next in the story), Non – moral stories. Stories should have one main character, minimum 2 to 3 and maximum 5 to 6 and there should be proper interaction between the characters and dialogues. Story should have satisfying climax, simple language with introduction of new words to enhance the vocabulary of children, no stories on fairy tales, elves, ghost, giants, stepfamilies, concepts of death and dying.

Techniques of story telling

Story books with pictures, flashcards, TV scroll, puppets, charts, flipcharts, OHP sheets, PPT, picture books etc.

Source :

- Stories from children's story books magazines
- Tradition stories with modification of children's environment, CD
- You can even create your own stories keeping the above points in mind

B Collection of Riddles related to children :

Familiar language, leading to creating curiosity, encouraging the children to think and reason, enhance vocabulary, should include living and non-living things, the riddles should have rhymes, age-appropriate (3-6 age group- riddles on 'who am I?' can be related to human beings/fruits/vegetables/vehicles/any other object)

Source :

- Children's books
- Magazine
- Newspapers

You can prepare riddles keeping the above points in mind.

14 Collection of Pictures related to toys or play :

Collect pictures of age appropriate toys of different kind. These can include :

1. Manipulatives such as ring pyramid, blocks, jigsaw puzzles, clay and many others.
2. Toys for dramatic play such as dolls, puppets, soft toys and others.
3. Toys for outdoor play such as slide, bat, skipping rope, jungle gym and others.
4. Toys for sensory, development such as rattles, teethingers, mobiles and others

15 Collection of Relevant articles from newspapers and magazines related to children

Collect articles from newspapers and magazines related to

- Domains of development
- Discipline
- Parenting
- Nutrition
- Behaviour problem
- Special needs
- Any other

2 Prepare poster on the following topics :

- 2.1 Immunization Schedule for pregnant women
- 2.2 Immunization Schedule for the child
- 2.3 Prevention of Accidents and Hazards
- 2.4 Stages of Development
- 2.5 Developmental Milestones
- 2.6 Reproductive system
- 2.7 Endocrine Glands
- 2.8 Menstruation
- 2.9 Prenatal development
- 2.10 Types of Birth

3 Survey of Teen girls regarding the care and hygiene practices they follow during menstruation

4 Prepare a scrap book with pictures of infants depicting various emotions.

5 Visit the following centres and write a report of the same :

- 5.1 Visit to Anganwadi Centre to study the services available for women and children.
- 5.2 Visit to Maternity Home and write a report on facilities and services available.
- 5.3 Visit to Neonatal / Pediatric clinic and write a report on services and facilities available.

6) Project

Observe an infant and assess his / her development using following checklist

I	Personal Information	
	Name of the infant	
	Age	
	Gender	
II	Physical Development	
	Weight	
	Height	
	Head circumference	
	Arm circumference	

III	Motor Development	
	Holds objects with one / both holds	Yes/No
	Stands alone	Yes/ No
	Walks alone	Yes / No
	Jumps in a place	Yes / No
	Walks on tiptoe	Yes / No
	Climbs stairs with help	Yes /No
IV	Self help Skills	
	Self- feeding	Yes / No
	Eating with spoon	Yes / No
	Self- dressing with adult help	Yes / No
	Self - grooming	Yes / No
	Rolling a ball	Yes / No
	Openig a box	Yes / No
	Unscewing a lid from the bottle	Yes/ No
	Turning pages of a book	Yes / No
V	Social Development	
	Gives social smile	Yes / No
	Shows excitement	Yes / No
	Recognizes familiar people	Yes / No
	Play games such as peek a boo	Yes/ No
VI	Emotional Development	
	Expresses happiness	Yes / No
	Expresses joy listening to	Yes / No
	Different sounds of toys	
	Fear of a stranger	Yes / No
	Throws objects when angry	Yes / No
	Biting when angry	Yes / No