

5

My Career and I



The only failure in this world is the failure to try.

Objectives

1. Students should be able to rethink over some conventional beliefs about careers and express their opinions about the same.
2. Justify the statement 'career is not an event, but a process' in their own words.
3. Be introduced to the interest-test and be able to explain its importance in their own words.
4. Be introduced to the Maha career mitra portal.
5. Set their own goals and articulate them. Be able to manage their time for the same.
6. Plan for a constructive dialogue with their parents about their career.
7. Be informed about the documents required for the 11th admission process and also about the scholarships available.

Last year we discussed about the meaning of the term 'career', how to choose a career and about the career magic framework. This year let's learn about goal setting and also explore some educational options available after tenth.

Some beliefs about career

Discuss the given questions with the students. Ask their opinions. Ask questions probing further. Let them justify their answers.

After the preliminary discussion, present them with following examples. Ask them if they would like to rethink their opinions. Let them justify their answers.



1. You need to be financially well off to make a career.

Yes

No

2. Once you go wrong in choosing a career, there is no way to be successful again.

Yes

No

3. You can make a career only if you pursue education in the Science or Mathematics stream.

Yes

No

4. One should only choose a career which fetches maximum money.

Yes

No

5. Doing a salaried job is the only way to succeed in a career.

Yes

No

1. Dr. A.P.J. Abdul Kalam, Dhirubhai Ambani, Olympic wrestling champion Sushilkumar, actor Rajanikant came from lower income families and yet carved a niche for themselves.

2. J. K. Rowling, the author of the Harry Potter series, worked as a teacher before she began writing. Anil Kumble, Harsha Bhogale are both Engineers. Indian novelist Chetan Bhagat worked as an Engineer before he explored his writing skills. Actors Shriram Lagu and Mohan Agashe both studied Medicine before becoming successful actors.



3. Chef Sanjeev Kapoor, many famous journalists, sportsmen, economists, writers, poets, musicians made a career in fine arts and humanities, commerce and vocational fields.

4. Dr. Prakash Amte graduated with a degree in Medicine. He could



have earned a fortune by practicing in the city. Instead he chose to provide medical care to the tribal communities in Chandrapur.

5. In the olden times, having a salaried job was thought to be a safe option. However today, there are plenty of opportunities in almost all the streams. Today, there are many entrepreneurs who have been able to realise their dreams as well.

Let us consider following examples

- 1) Payeng Jadav single handedly toiled for 37 years to plant trees on 1360 acres of land to develop a forest.
- 2) Dr. Abhay Bang and Dr. Rani Bang researched in the field of community health which resulted in substantial reduction of infant mortality rates in Gadchiroli district.
- 3) Mr. Rajendra Singh was instrumental in building 4200 small dams through community participation to increase the groundwater reserves in Rajasthan.

Do you think all the above mentioned individuals are successful in their careers? What would be their definition of 'career' and 'success' according to you?

Discuss the following points with students

- 1) What does it mean to be successful?
- 2) Do you think the people mentioned in the examples are successful?
- 3) Did they earn lot of money in their work?
- 4) Should earning money be the only goal of a career?

Ask the students to read the examples and discuss the following

- 1) Did everybody continue with their first choice of career?
- 2) What were the reasons for them to change their career path?
- 3) Can we say that all three have built a successful career for themselves?

Career - not an event, but a process

Minaj started working in a company after graduation. Her job was to train the newly appointed employees about their work. While doing her job Minaj realized that she enjoyed teaching and could teach well. Also tuitions were very much in demand. After a few years of service, she left her job to start her own coaching classes which were quite successful.

Ramesh graduated in Commerce and joined a hospital as an accountant. While doing his job, he realized that he has the interest and aptitude for hospital management as well. While doing his job, he completed an MBA and soon was promoted as a hospital manager.

Joseph was a farmer and had his own farm. Joseph realized that storage and processing of food items was highly in demand. So, he pursued higher education in food processing and started his own food processing business to complement his farming.



Read and understand

Career is not just an event that happens once in a lifetime but a continuous process. As we go through different experiences, learn new things, we become more and more aware about ourselves, our capabilities, our likes and dislikes. Also, we become aware of the opportunities available to us. Based on them, we try and shape our career from time to time. Therefore, while 10th and 12th are important milestones, career decisions need to be taken from time to time and are not limited to 10th and 12th.

Career Magic Framework - Revision

We have seen that a career can be made in the field where our interests, capabilities and available opportunities come together. In the absence of any of these factors, we merely have a dream or a hobby or a job.

Let's look back at one of the examples.

- Initially, Ramesh chose to work as an accountant after finishing his graduation in the commerce stream by taking into account his interest, capability and the available opportunities.
- After some years, he found out his new area of interest - hospital management. He also realized that there were plenty of opportunities in that field. Thus to increase his capabilities, he opted for an MBA.
- From this example, we see that the career magic framework is applicable at each step while making career related decisions.

Can you write about how the career magic framework applies to the career decisions in case of Minaj and Joseph?



Last year you undertook some self-assessment exercises to know about your areas of interest and capabilities. You might have some clarity about them. This year, let us learn in depth about goal setting and the career options available after 10th.

Finding your interests

- After completing the self-assessment exercises in 9th, the ‘Kal chachani’ or the interest-test can help you identify your interests.
- The Maharashtra State Board of Secondary and Higher Secondary Education conducts the interest-test for all the students of 10th standard.
- The Kal Chachani or the interest test is a psychometric evaluation which helps you understand your level of interest among the 7 fields available after 10th standard, which includes **Agriculture, Arts / Humanities, Commerce, Technical, Fine Arts, Health Sciences and Uniformed Services.**
- The interest test is not a test in the traditional sense. You are only expected to choose the extent to which you enjoy doing some regular activities.
- The interest test does not carry any marks and none of the answers are wrong or right.
- Report of this interest test would be available on www.mahacareermitra.in, you may also get a copy at the time you receive your 10th mark sheet.
- Your interest test report is only meant to be a guideline. The ultimate decision of which branch to choose lies with the students.

Seven career fields

You will get an idea about your interest from the 'Kalchachani'. Let us now look at the options available after 10th.



Agriculture

Certificate Courses

Diploma Courses

HSVE (Higher Secondary Vocational Education)

Polytechnics (Post SSC Diploma Courses)

HSC Science (Higher Secondary Certificate)



Fine Arts

Certificate Courses

HSVE (Higher Secondary Vocational Education)

ITI Courses (Industrial Training Institute)

Polytechnics (Post SSC Diploma Courses)

Foundation Diploma Course



Technical

Certificate Courses

HSVE (Higher Secondary Vocational Education)

ITI Courses (Industrial Training Institute)

Polytechnics (Post SSC Diploma Courses)

HSC Science (Higher Secondary Certificate)



Health and Life Sciences

Certificate Courses

HSVE (Higher Secondary Vocational Education)

ITI Courses (Industrial Training Institute)

Polytechnics (Post SSC Diploma Courses)

HSC Science (Higher Secondary Certificate)



Commerce

Certificate Courses

HSVE (Higher Secondary Vocational Education)

HSC Commerce (Higher Secondary Certificate)



Arts / Humanities

Certificate Courses

HSVE (Higher Secondary Vocational Education)

HSC Arts (Higher Secondary Certificate)



Uniformed Services

After 12th / Graduation

Finding your capabilities

- The chapter 8 - career, in the self development and art appreciation textbook of ninth standard contains some self-assessment exercises to know your capabilities.
- Additionally you can also analyze your school report cards for the last three years to see which subjects you excel in.
- You can get a broad idea about your capabilities from the above mentioned exercises.

Career Options

Once you obtain clarity about the field you like, you need to get more information about the options and opportunities available in that field.

Mahacareermitra Portal

The 'Maha career mitra Portal' has been developed to guide the students about their career. On this portal, you can find information about different educational options and the colleges available for them in your District. You can also view videos about each interest field and of successful people about their respective career fields on the portal.

Visit : www.mahacareermitra.in



Let us have some fun

A : Where does this road go?

B : This road doesn't go anywhere. Where do you want to go?

A : I haven't decided as yet.

B : Then all roads are open for you. It makes no difference.



Read and understand

Until we decide what we want to achieve - be it about our career or about other important things in our life, we will not be able to take concrete steps towards achieving it. Thus we need to clearly verbalise what we want to achieve. This is called goal-setting.



Goal Setting



Look at the following examples. According to you, whose goals could be achieved for sure?

1. Rafiq's goal is to become very big someday. But he is not sure what that means.

2. Peter's goal is to plant lot of trees. He plants one tree every day. But he is not sure when his dream would come true.
3. Radhika's goal is to solve all the problems in the world.
4. Jasmeet's goal is to become the best sportsman within two months.
5. Delnaz's goal is to learn music someday.

Think about the goals of the people in the examples given. Think about whether it is easy or difficult to attain the given goals. Discuss on the following points -

1. When will Rafiq achieve his goal? Will he achieve it on becoming big in the context of age or weight or success?
2. How will we know when Peter's goal is achieved?
3. Is it possible for Radhika to achieve her goals?
4. Is Jasmeet's goal realistic?
5. What is the problem with Delnaz's goal?

Look at each of the following statements. Check if each of them is SMART. If not, think about what is lacking. Change the statements so that they become SMART. Check if the statements convey the 'what', 'how much' and 'when' aspects of the goal.

The above examples, are actually about the desires of each person and not the goals. Unless the desires are converted to goals, it is difficult for them to materialize. In order to achieve a goal, one must be able to correctly verbalize it, put it on paper. Let us see how we can convert desires into goals.

Smart Goals

S

1. Specific

Clearly verbalize what you want to achieve. Avoid using words like 'something', 'big', 'great' while describing your goal.

M

2. Measureable

If you can measure what you want, only then can you know if you have really achieved it. Words like 'a lot', 'everything', 'good' should be avoided. Instead of 'getting a lot of marks in exam', 'getting more than 70% marks' is a better goal statement.

A

3. Achievable

Think about whether your goal is achievable. Erasing all the sorrow from the face of the earth is an unachievable goal but making two people literate is an achievable goal.

R

4. Realistic

Becoming a good sports person within two months is not realistic. Becoming a good sports person requires hard work of many years all together.

T

5. Time bound

We have to have a time-frame for achieving our goal. If there is no time-frame, we may not even start with our work.

In short, our goals must be SMART.

Read and understand

Inspect the following statements to see if there are faults in them. Write them down in your notebook. Try to correct the faults (if any) and rewrite the statements.

1. Romo's goal is to score well in the exam.
2. Manisha's goal is to be a successful person.
3. Rakesh's goal is to buy a car.
4. Parvin's goal is to score 60% in 10th standard and secure admission in 'ABC' college.



Planning for your career



If you need to go from one city to another, you can't just get up and start walking. Can you? Imagine there is a wedding in your family. It won't help to start preparing for the wedding in the morning of wedding ceremony itself. If an athlete wants to win an Olympic medal, would running only on the day of competition help him? Whenever you plan to achieve something, it is important to prepare properly. Similarly, it is important to

plan our career as well. The sample chart would provide further clarity.

Help students make their own chart according to the sample chart. Help them in writing each field as specifically and clearly as possible.



Years	Who would I be?	What would I be doing?	What would I have?
After 10 years	I would be a successful farmer.	I would be working in my own farm.	<ul style="list-style-type: none"> • Farm • House • Tractor
After 5 years	I would have graduated with a BSc Agriculture degree from 'ABC' college.	I would be working with a successful farmer to gain experience.	<ul style="list-style-type: none"> • Degree • Farming skills
After 3 years	I would have secured more than 'X' % marks and secured admission in 'ABC' college.	I would be pursuing my degree course of BSc Agriculture and learning new things.	<ul style="list-style-type: none"> • Desire to learn more. • Clarity of how to use this education. • Information about the available schemes and opportunities.
After 1 year	I would have passed 10 th standard exam with more than 'Y' % marks and I would have secured admission in 'PQR' college.	I would be studying in 11 th standard in 'PQR' college. I would be preparing for securing more than 'X' % in my 12 th exam.	<ul style="list-style-type: none"> • Desire to learn more. • Idea about what to do further. • Information by meeting different people in that field.

My goal statement

Once you know where you would like to see yourself 10 years down the line, it is really easy to plan for the entire year of 10th standard or even the next 3 or 6 months.

Help students come up with their own goal statement with the help of the sample given. Remember, based on the goal of each student, the construction of goal statement would vary.

Goal statement

What do I really want?

I want _____

For example : I want good marks
in the 10th board examination

How many marks do I want?

I want _____ marks.

For example : I want at least
70% marks in the 10th
board examination.

By when do I have to achieve this? - I have
to achieve at least 70% marks in the
10th board examination by _____

For example : I have to achieve
at least 70% marks in the
10th board examination
in the next 6
months.

Planning

Now that your goal statement is ready, think about your current position and where you need to be in the next six months / one year as verbalized in your goal. Look at the chart given below and try to plan for your goal.

Help students plan for themselves according to the sample provided. Remember, based on the goal of each student the plan would vary.

Where do I stand today?

I am getting 60% marks today.

Where do I want to reach in the next 6 months / one year?

I want to get minimum 70% marks in the 10th board examination.

What do I have to do to reach there?

- Devote more time for studies.
- Get my doubts cleared by teachers.
- Do self-analysis. For example : I am losing marks in creative writing so I need to practice more.

Time Management

Everyone has 24 hours in a day. Your success depends on what you do with this time.

In 10th standard, you will be mostly running out of time due to school, studies, practice exams etc. Hence it is very essential to manage time properly. Following is one of the methods of time management. There are several such methods.

Help students in understanding which of the activities should be coloured red and which ones should be coloured yellow.

Also help them in coming up with novel ways of clubbing two activities together.

- Divide the time of your day into half an hour slots.
- For a week, keep notes of what all you do every half an hour. This will give you a basic idea about your day.
- Activities, which are directly related to your goal, should be colored green. Example: time spent to practice math sums.
- The activities which are not related to your goal should be colored red. For example, watching TV is not even remotely related to getting 70% marks. So color it red.
- Now for the activities which are indirectly related to your goal, colour them yellow. For example, travelling to school is indirectly related to getting 70% marks.
- First try to reduce the time spent in doing activities marked in red. Then target the ones marked in yellow. Try to see if you can club two activities together to reduce the time. For example, you can try to revise what you have studied while travelling.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6.00 to 6.30							
6.30 to 7.00							
7.00 to 7.30							
7.30 to 8.00							
8.00 to 8.30							
8.30 to 9.00							
9.00 to 9.30							
9.30 to 10.00							
10.00 to 10.30							
10.30 to 11.00							



Let us have some fun

Vision Board

Make a vision board based on your goal. For this, all you need to do is write your goal on a paper and stick it on a wall of your home. Around this paper, keep on adding photos, quotes and photos of famous people in that field. The aim of vision board is to keep inspiring you and also to help you build clarity about your goal.

Possible obstacles in the way of your career

1. Communication with parents

Mitali wants to pursue a career in sports but her parents want her to do nursing. Mitali is struggling to convince her parents and hence there are fights every day, which in turn demotivates Mitali from studying.

Sometimes we cannot convince our parents about what we feel, about our career choices. As a result, they do not seem to understand our side or trust our choices. In such a case, following strategies might help.

Listen :

Don't simply oppose what your parents are saying. Try to understand their concerns. Most of the times, they have the following concerns -

1. How will you earn your livelihood?
2. What opportunities would you have in future? (in job or in business)
3. Will you be able to handle the course that you have selected?
4. What will be the fee structure of your course?

If you can answer these questions satisfactorily for yourself and for them, they will be most likely to change their stand.

Gather Information :

Collect information about your preferred career from newspapers, internet or interviews on TV and share it with your parents. Find out which colleges offer the courses you want, what is their fee structure etc. Be ready to answer these questions.

Talk to experts :

Meet the students who are pursuing the course you want to do, or have finished the course and are working. Let your parents talk to them. Discuss the pros and cons of the career.

Ask the students if they have ever experienced similar situations.

If somebody desires he / she may narrate it to the class.



2. Financial Difficulties

Sometimes financial difficulty becomes a huge obstacle between you and your dream career. However, you can consider taking up government and/or private scholarships. Following is the information about some of the scholarships. Make sure you check the availability and credibility of these scholarships.

- 1) NCERT scholarship for talented students.

Please check www.ncert.nic.in

- 2) SIA Youth Scholarship

Please check www.sia-youth-scholarship.html

- 3) The Kishore Vaigyanik Protsahan Yojana (KVPY) is a National Program of Fellowship in Basic Sciences for youngsters.

Please check <http://kvpy.iisc.ernet.in>

- 4) Mahindra All India Talent Scholarship (MAITS)

This scholarship is set up to specifically empower students from the disadvantaged sections of our society.

Visit www.kcmet.org

- 5) Scholarship for students for technical education

Visit www.aicte-india.org

- 6) For scholarship after 10th, get in touch with your college or institute.

- 7) C. V. Raman scholarship from 'GIIS'

For more information visit www.giisscholarship.org

- 8) Rajashree Chhatrapati Shahu Maharaj Shikshan Shulka Pratipurti Yojana

<https://dtemaharashtra.gov.in>

<https://mahaeschol.maharashtra.gov.in>

- 9) Dr. Panjabrao Deshmukh Hostel fees refund scheme

<https://mahaeschol.maharashtra.gov.in>

- 10) Scholarship for girls in technical courses

For more information visit www.aicte-india.org

- 11) Indian Oil sports scholarship

Visit www.iocl.com

- 12) Scholarship for Professional courses for minority students

Visit <http://www.dte.org.in>

- 13) Central government's scholarship for minority students of Maharashtra

www.momascholarship.gov.in

- 14) Maulana Azad National scholarship for minority girl students.
For more information visit www.maef.nic.in
- 15) Scholarship for differently abled students after 10th.
Get in touch with Zilla Parishad Samajkalyan division.
- 16) Scholarship for talented wards of Ex defence personnel.
Get in touch with Zilla Sainik kalyan Adhikari division.
- 17) Scholarship for orphans of Ex defence personnel.
Get in touch with Zilla Sainik kalyan Adhikari division.
- 18) Find out more.

3. Difficulties in 11th standard admission process

Many students face difficulty in applying for 11th standard despite good marks. Students should start preparing a file of their documents as soon as the 10th exam is over. In that file -

For open category

Original mark-sheet (Standard 10th or equivalent)
Original school leaving certificate, Adhaar Card

For reserved category

(SC/ST/VJ-A/NT-B/NT-C/NT-D/OBC/SBC)
Original mark sheet (Standard 10 or equivalent)
Original school leaving certificate
Original caste certificate, Adhaar Card

Special Reservations

- A) Sports
- B) Arts and Cultural
- C) Wards of central and state government employees and private sector employees who have been transferred on and after 1st October 2016 in Pune and Pimpri-Chinchwad Municipal Corporation.
- D) Wards of freedom fighters.
- E) Wards of Defense Personnel.
- F) Differently abled students.
- G) Affected by earthquakes.
- H) Affected by developmental projects.

Original mark-sheet (Standard 10 or equivalent)
 Original school leaving certificate
 Special reservation certificate



Some other important documents

Income Certificate
 Domicile Certificate, Aadhar Card.
 Non-Creamy layer Certificate.
 Caste verification Certificate.
 Citizenship Certificate.
 Nationality Certificate etc.

(Kindly get the latest information about the required documents from the admission center / school or college.)

Assessment (Weightage 15 %)

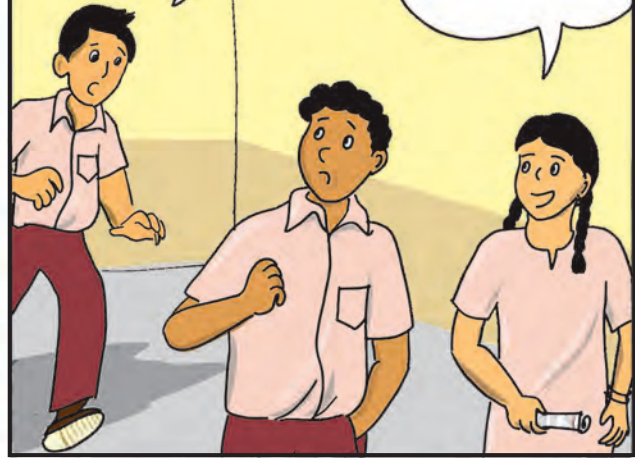
Criteria	Great	Fine	Incomplete	Marks
	Very Good	Satisfactory	Not satisfactory	
Setting SMART goals	Clearly articulated the goals to be achieved after 1, 3, 5, 10 years on the basis of the SMART criteria given.	Articulated the goals to be achieved after 1, 3, 5, 10 years but the SMART criteria was not applied.	Completed the activity vaguely.	
Implementation of the goal statement	Made a plan according to the goal statement and is implementing the plan to achieve his / her goals and keeping a record of the same.	Made a plan but no record of implementation	Did not plan	
Active participation	Participated enthusiastically in all the activities. Completed all activities in the notebook	Completed all the activities in the notebook.	Copied the answers.	

Pratap and Nisha are rehearsing for their concert. Raghav comes in.



What is this? Are you going to sing this song in the concert?

Why? What is wrong?



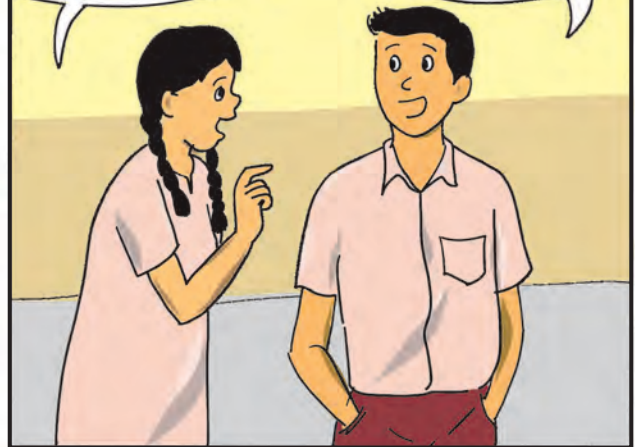
It belongs to a different state ! Can't you think of a folk song from Maharashtra? Are you not proud of our music?

Of course we are Raghav.. but if we discriminate between art forms by labelling them as "ours" and "theirs", we tend to loose out on so many beautiful experiences.



Yes. By connecting with the music of other states, we indirectly connect with the people and their life.

I sort of agree with what you say.. but that would mean our Music is found lacking !



Not at all.. On the contrary, when we connect with other people's music, we tend to understand our music better. We are enriched.



I would go further and say that we should connect with arts from other countries too !! What say?

